

## Hindley Junior and Infant School

### Equality Newsletter



Theme: Christmas

We all know what Christmas is – an annual, Christian festival commemorating the birth of Jesus Christ on the 25<sup>th</sup> December. It is traditionally celebrated with time off work or school, gift buying, special food and celebration events including family, friend and colleague get-togethers.

Many people visit Church to remember the original reason behind the celebration.

### **But what about those that don't celebrate it?**

For many people however, Christmas is a much less important celebration or not recognised at all. Different cultures, groups of Christians (for example, Jehovah's Witnesses) and religions such as Judaism don't celebrate Christmas.

Christmas can also be a difficult time of year for many. Those that have lost loved ones, are isolated, estranged or ill might have a difficult time enjoying occasions where they feel forced to have fun. For some, Christmas can be a lonely and upsetting time of year.

## What can we do?

If you are unsure if individual people celebrate Christmas, you could reach out and ask them, but researching first is always the best idea as this would take the pressure off them explaining to you (can you imagine explaining something several times, every single year!)

Find a celebration that your friend / colleague / neighbour does celebrate and learn about that for example, Chinese New Year, Shavuot, Eid, Ramada and Bodhi Day are a few that are celebrated across the world.

For those that you know struggle, reach out and ask – make sure they have a friend, a hot meal or somewhere to go for a cup of tea and a chat.

The following websites may be useful:

<https://www.ageuk.org.uk/>

<https://www.thebrick.org.uk/>

<https://www.barnardos.org.uk/get-support/services>

<https://www.wigan.gov.uk/Docs/PDF/Council/The-Deal/Deal-Communities/Here-for-you/Wigan-Borough-Food-Pantries.pdf>

<https://www.standalone.org.uk/>

For now, we wish you Happy Holidays / Merry Christmas / So long.

Mrs Grioli and the Hindley J & I Team.

**If you have any questions or comments about this resource, please contact Mrs Grioli @ [mrs.grioli@hindley.wigan.sch.uk](mailto:mrs.grioli@hindley.wigan.sch.uk)**